

# WHMP: 8 April 2017

APRIL 2017  
Saturday 8  
Today marked a special day for me. I did something today which has only been a dream for years. Not only did the little guy and I walk to the playground together we walked to three different playgrounds and we actually played together, had a swing together, chased each other around the playground. Today is not a little win, it's a massive win! Today I have started participating in active parenting from a physical view point.

