Pantry Inventory

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	Have	Need		Have	Need		Have	Need
BAKING								
Plain Flour			Self Raising Flour					
Corn Flour			Baking Powder					
White Sugar			Brown Sugar					
Caster Sugar			Icing Sugar					
Coconut			Cocoa Powder					
Vanilla Essence								
HERBS & SPICES								
Salt			Pepper					
Garlic Powder			Mixed Herbs					
Onion Salt			Celery Salt					
Paprika			Cinnamon					
Nutmeg			Allspice					
Chicken Stock Powder/Cube			Beef Stock Powder/Cubes					
CEREALS & GRAINS								
Weetbix			Rice Bubbles					
Rolled Oats			Toasted Muesli					

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	Have	Need		Have	Need		Have	Need
PANTRY STAPLES								
Spaghetti			Pasta (preferred shape)					
Arborio Rice			Jasmine Rice					
Couscous			2 Minute Noodles					
Hokkien Noodles			Vermicelli Noodles					
Breadcrumbs			Stuffing Mix					
CONDIMENTS, SAUCES & RECIPE BASES								
Instant Gravy Powder			Traditional Gravy Mix					
Worcestershire Sauce			Soy Sauce					
Oyster Sauce			Sweet Chilli Sauce					
White Vinegar			Thai Green Curry Paste					
Red Green Curry Paste			Taco Seasoning					
SPREADS & SYRUPS								
Vegemite			Peanut Butter					
Nutella			Jam					
Honey			Golden Syrup					
Maple Syrup								

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	Have	Need		Have	Need		Have	Need
CANS & JARS								
Tomato Passata			Whole Peeled Tomatoes					
Whole Peeled Cherry Tomatoes			Red Kidney Beans					
Cream Corn			Corn Kernels					
Coconut Milk			Lite Cooking Cream					
Evaporated Milk								
EVERY DAY ITEMS								
Tea			Coffee					
Milo			Bread					
Wraps								
SNACKS								
Crackers			Savoury Crackers					
Packet Biscuits			Snack Bag Biscuits					
Corn Thins			Muesli Bars					
Fruit Bars			Sultana Boxes					
Popping Corn Kernels			Eggs					

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	Have	Need		Have	Need		Have	Need
OILS								
Rice Bran Oil			Rice Bran Oil Spray					
Extra Virgin Olive Oil			Vegetable Oil					
Sesame Oil			Coconut Oil					
DRIED FRUIT								
Mixed Dried Fruit			Sultanas					
Prunes			Dried Apricots					
Dried Apple Rings			Pitted Dates					
CONSUMABLES								
Paper Towel			Plastic Wrap					
Baking Paper			Aluminum Foil					
Zip lock bags			Freezer bags					
PERSONAL SELECTIONS								
Freddo Frogs			Potato Chips					

Fridge Inventory

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	Have	Need		Have	Need		Have	Need
HOMEMADE BASES								
MMS			Chicken Stock					
Beef Stock								
DAIRY								
Milk			Thickened Cream					
Sour Cream			Cream Cheese					
Block Tasty Cheese			Bag Grated Tasty Cheese					
Bag Grated Parmesan			Butter					
Natural Yoghurt			Flavoured Yoghurt					
OTHER								
Custard Cups			Jelly Cups					
Minced Garlic								

Fresh Produce Inventory

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	Have	Need		Have	Need		Have	Need
VEGETABLES								
Potato			Sweet Potato					
Onion			Leek					
Carrots			Celery					
Butternut Pumpkin			Zucchini					
Red Capsicum			Baby Spinach					
Cauliflower			Broccoli					
Cabbage								
FRUIT								
Apples			Pears					
Bananas			Grapes					
Watermelon			Strawberries					
Oranges			Mandarin					
FRESH HERBS								
Parsley			Rosemary					
Thyme			Basil					

Freezer Inventory

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X`	Have	Need		Have	Need		Have	Need
FROZEN FRUIT & VEGETABLES								
Steamer Vegetables			Corn Kernels					
Peas			Beans					
Mixed Vegetables			Raspberries					
Mixed Berries								
OTHER FROZEN ITEMS								
MMS			Icecream					
Puff Pastry Sheet			Shortcrust Pastry Sheets					
FROZEN MEATS								
FROZEN HOMEMADE SNACKS & LUNCHES								
FROZEN HOMEMADE READY MADE DINNERS								